



Family Martial Arts Center *Where Your Success Begins*

After School Program • Kickin' Kids • Hap Ki Do • Systema • Tae Kwon Do

Jill Hegland and John Shilkaitis • Teaching since 1983

Spring Break Schedule for 3/12/10 - 3/20/10

All martial arts classes will be canceled on the following dates:

Friday, March 12th

Saturday, March 13th

Friday, March 19th

Saturday, March 20th

AFTER SCHOOL PROGRAM: There will be no After School Program on March 8, 11 & 12. After School students are welcome to attend evening classes on those dates as well as during Spring Break, 3/15 - 3/18. Junior ranks should attend the Tigers class, older ASP students should attend Tae Kwon Do classes. Please refer to our regular schedule for March 8, 11 & 12 and use the reduced Spring Break schedule listed below for the week of 3/15.

Normal schedule will resume on Monday, March 22nd

Reduced Spring Break schedule is as follows:

Ninjas will meet on Tuesday 3/16, Wednesday 3/17, and Thursday 3/18 at 6:15 pm. Students may attend any day that fits their schedule better.

Dragons will meet on Tuesday 3/16, Wednesday 3/17, and Thursday 3/18 at 6:15 pm. Students may attend any day that fits their schedule better.

Tigers will meet on Monday 3/15, Tuesday 3/16, Wednesday 3/17, and Thursday 3/18 at 6:15 pm.

Tae Kwon Do class for all ranks will meet on Monday 3/15, Tuesday 3/16, Wednesday 3/17, and Thursday 3/18 at 5:30 pm.